

La Villa du Roc Fleuri présente...

The visiting guide



+33 6 30 20 82 41



11 rue du rocher 06400 CANNES



www.villadurocfleuri.fr





**WE ARE WAITING
FOR YOU AT VILLA
DU ROC FLEURI**





It is always a pleasure to welcome you and to advice you during your stay at the Villa du Roc Fleuri! The French Riviera contains many facets that I am looking forward to show you. Between its sun, its beaches and the glamour of the Film Festival and and other shows, I encourage you to discover the French Riviera differently. After several seasons in the Merchant Navy I change live for my B&B and stay. A town house totally redesigned and and rebuilt to welcome you, with one of my childhood friend Max, became I husband after this project. Villa du Roc Fleuri is now our family house and your B&B. Before you leave your luggage, I offer you these few pages to guide you along the guide you along the Côte d'Azur coastline.

Fanny



SUMMARY

Welcome in Cannes

Discover the city y foot p5

- The old town and port
- Meynadier street
- Hoche street
- Shopping and famous croisette
- Moure Rouge district

Discover the Cannes bay by boat p7

- The Cannes bay
- Discovery the Esterel by sea shuttle

The Lérins Islands p8

- Saint Marguerite
- Saint Honorat

Nature reserve walks p10

Sunbathing on the beach p11

- public beach
- private beach

Take a drink, party and restaurants p11

Transports p11

Directories

Museums p20

Experiences to be shared p24

Bars p27

Restaurants p29

Shopping p33

Visiting the région

Beach and walks p12

- Cap d'Antibes
- Antibes
- Juan les pins
- Thèoule sur mer et Mandelieu
- La baie d'Agay
- Saint Jean Cap Ferrat

Ours towns p15

- Nice
- Grasse
- Monaco

Ours villages p16

- Le Cannet
- Mougins
- Vallauris
- Valbonne
- Saint Tropez
- Vence
- Gourdon
- Eze
- Saint Jeannet

Road Trip p19

- The high villages of Fayence country
- The aft villages of Alpes Maritimes



Welcome in Cannes

Discover the city by foot

The old downtown and port

Discover: Le Suquet. Go up to the Musée de la Castre and the Church of Notre Dame de l'Espérance. Admire the view over the old port, our magnificent bay and the Lérins islands. On the way down, stroll along the old port and a drink at the Belle Plage (located at 31 Boulevard Jean-Hibert), the perfect place for a sunset, or a beer in the Quays pub. The latter will immerse you in a typically Irish and maritime atmosphere, perfect for watching a sporting event. For dinner, beware of the tourist traps: check out my good addresses in the restaurants section. I'd advise you to continue your stroll along the Josephine Baker jetty and follow the sea towards Cannes la Bocca, a great place for a stroll or a sports activities. And you can stroll as far as the Noailles city library, a Rotchild Villa with its exotic park.



Meynadier street

.A street not to be missed: rue Meynadier. Lined with small shops, stop off at [Ceneri](#), a cheese-maker who loves his work! This street will take you to the Forville market, open from 7am to 1pm. It's bursting with local and Italian produce, with a fresh and friendly atmosphere from Tuesday to Sunday. Monday is the day of the antique dealers.

Hoche street

Another lively street: rue Hoche. There are many terraces to choose from, my favorite 'La casa di Nona', where you can eat at lunchtime (11am to 7pm) for a taste of Italy. There's my chocolate shop [Christian Camprini](#), best worker of France! And for my favorite pastry :Belliard. To put it all together, stop off at the tea shop '[Collection Thé](#)', full of advice and of new flavors. For coffee time, 'itinéraire café' .



Shopping and famous Croisette

For shopping, go to Rue d'Antibes, a must, where you'll find unusual boutiques. You'll find all my addresses at the end of this guide.

A stroll along the Croisette is a must, of course. I recommend it in the evening to take advantage of the bling-bling atmosphere and the sunset, as well as the blue chairs available to take a break (or a selfie). And if you're feeling sporty, there's a great jogging path along the Croisette! And of course, the steps of the Palais des Festivals are often far from the image we are given in the media. But you have to admire the stars' footprints! And right next door, you'll find [the tourist office](#) offering professional advice.

Moure rouge district

We love strolling along the seafront from Pointe Croisette port to Moure Rouge port. It's a real immersion in one of my favourite areas of Cannes! You can also have lunch by the sea at the Duplex or on the Place des Hespérides for a real Pagnol-style pétanque atmosphere.

Discover the Cannes bay by boat



The Cannes bay

A breathtaking tour on an old sailing ship with [the Algue](#). Or an amassing experience discovery with the eco-friendly: [Solar Boat](#) without a licence and you are the captain! Or a catamaran cruise from €70 to €135 with [Trans Côte d'Azur](#).



Discover of the Esterel by sea shuttle

Please note! Only from July to August. To take a boat trip for 10€, departing from from Cannes (9.00am, 11.20am, 2.30 pm, 4.50 pm) with 3 ports served:

1. Mandelieu la Napoule,
2. Théoule
3. La Figuerette.



Or take a guided cruise and discover a striking setting where the red rocks of the Esterel Massif contrast with the indigo blue of the sea, with the [Trans Côte d'Azur](#) maritime company, from May to the end of September.

Lérins Island

Sainte Marguerite

The largest of the islands is well worth a full day's visit. It is perfect for a short hike (8km the whole way around), snorkelling, relaxing or bird watching on the salt lake and not forgetting the underwater museum! Access is free and the area is protected; no navigation and no anchoring of ships. Don't forget your mask and tube ! There are a few snack bars and restaurants at the landing stage. A tip: the snack bar Le Lenoros open from april to October.

For bling bling ambiance, you can also the restaurant La Guerite (Beyonce's spot) but expensive. Nevertheless, you will find plenty of picnic areas and drinking fountains. On the cultural side, don't miss the museum in Fort Royal! Classified as a historical monument, it is bordered and eucalyptus trees and overlooks the sea. You can visit the old state prisons and the famous Iron Mask cell. A space dedicated to temporary exhibitions and you can discover a vast terrace overlooking the sea and the Cannes coastline from the Southern Alps to the Cap d'Antibe and the Esterel



[Your maritime company: trans côte d'azur](#)

Departures from Cannes		
07h30 *	09h00	10h00
11h00	12h00	14h00
15h00	16h00	16h30

* Except Sundays from 01 November to 01 April

Returns to Cannes		
07h45	09h15	10h15
11h15	12h15	14h15
15h15	16h15	17h00
18h00		



Adult	18.50 €
Child / 4 to 12 years	12.50 €
Moussaillon / -4 years	Free
Large families * Youth / 13 to 25 years * Senior / +65 years *	16.50 €
Special price "last trip" from Cannes	15.00 €

Sainte Honorat

Saint Honorat Island, is perfect for walking around the city and discover peace haven. Classified from 1941,

5 historical monuments:

- Monastic tower
- 2 chapels, Saint-Sauveur and La Trinité
- 2 Napoleonic ball oven

You can assist at the masse during the week at 11:25am and the Sunday at 09:50am. 8



RESTAURANT LA TONNELLE

Very nice and not expensive (35€/person). Enjoy friendly Mediterranean-inspired cuisine in a relaxed atmosphere with a sea and mountain view. The La Tonnelle restaurant is open every lunchtime

A VINEYARD AND WINE DAY PACKAGE WITH THE A/R TICKET

A 15 minute visit of the vineyard, a tasting of two glasses (3€ for an additional glass) for 25 €. Takes place every first Sunday of the month.



Transport maritime: Abbaye de Lérins

PRICES

All tickets are Round trip

Adult	20,50€ (22,00€)
Concessionary rate *	19,00€
Teenager (13 to 18)	18,00€
Junior (8 to 13)	14,00€
Child (4 to 8)	11,00€
- 4 Years old	Free
Group rate *	18,00€



CONCESSIONARY RATES

Concessionary rates available for:
Students, Disabled, Unemployed, Cannes Bel-âge and over-65s.

Proof will be requested at the time of boarding.

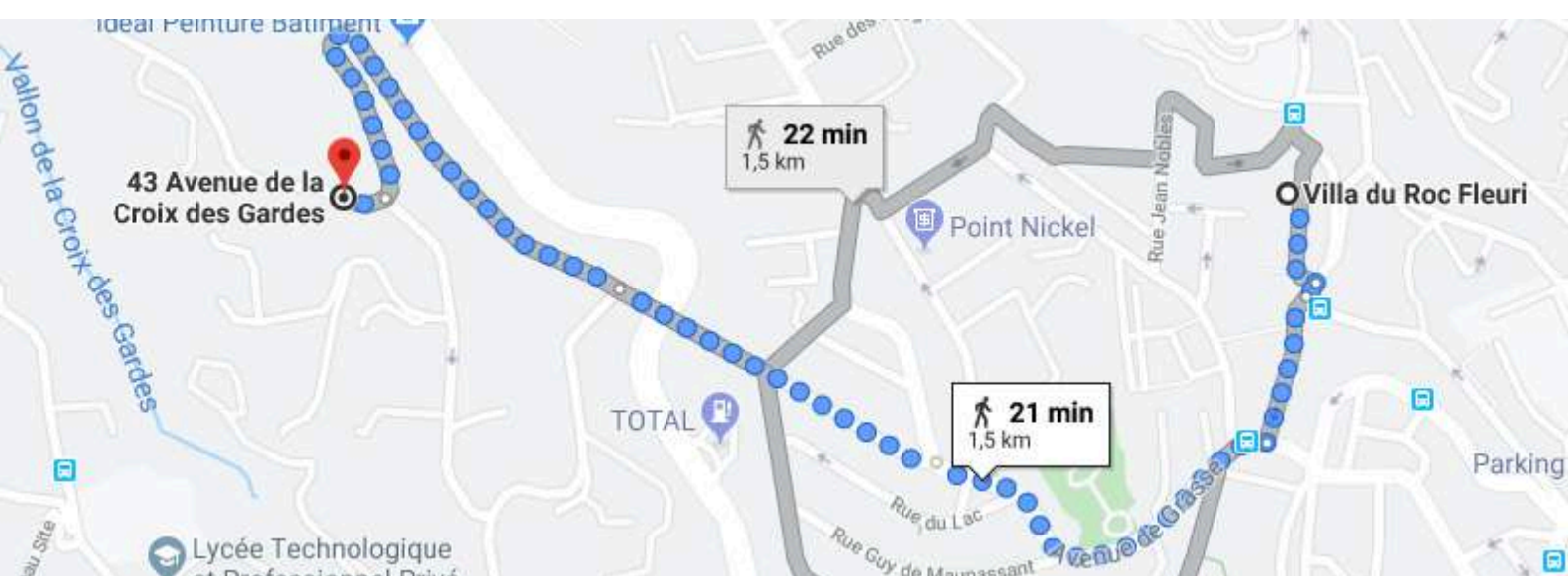
Departure from Cannes	8H00*	9H00	10H00	11H00	12H00
	13H00	14H00	15H00	16H00	17H00

Departure from Saint Honorat	8H30*	9H30	10H30	11H30	12H30
	13H30	14H30	15H30	16H30	17H30

Nature reserve walks



For a family trip, a romantic getaway or a run , go to the Croix des Gardes. It's a natural reserve in the heart of Cannes with a wonderful view of our bay and the maritime Alps, snowy from December to the Spring. The point of view that you cannot missed is the big cedar. Perfect place to watch the fireworks during the Festival Pyrotechnic Art of Cannes. Walk 1.5Km from the Villa du Roc Fleuri.



Take the direction south on Rue du Rocher towards Avenue Jean de Lattre de Tassigny :88 m
Take right on Avenue Jean de Lattre de Tassigny: 15 m
Continue on the Ancien Chemin des Vallergues: 140 m
Take right on Avenue de Grasse: 350 m
Take slightly your left on Rue Pont Saint-Victor :300 m
Continue on Boulevard Lord Brougham: 500 m
Take right on Avenue de la Croix des Gardes

Sunbathing on beach

Public Beach

The closest public beach is next to the Palais des Festivals, but I recommend beaches on the East or West. To the west, there is a sandy beach, a windmill area and small bars which you can reach by walking in 20 minutes maximum. For me the best

beach is in the East, just after the old Casino of Palm Beach, but it is worth 5 km by walking, but all on the Croisette. Or otherwise by bus. You will have a superb view on our Lerins Islands.

For paddle, pedalos and kayaks rentals: Cannes Stand Up Paddle Location - [Kayak Évasion](#) and for a restaurant: [Le Duplex](#)

Bus Access: departure to the city hall and take the Imperial line 8 serving the West and East Beach.



Private beach

On Boulevard de la Croisette, you'll find a private beach line-up, one of my favorites [Plage Festival](#) reasonable and chic, superb for fireworks evenings. You should know that during the summer there is an international pyrotechnics festival. One of the most beautiful but expensive and further away, [l'Ecrin](#). For less bling, head for the beaches of the Midi with [Le Bénitier](#), a relaxed family atmosphere.

Don't forget to book in high season!

Take a drink, party and restaurant



The beaches and hotels of the Croisette welcome you until midnight and then head for the Carré d'Or, one of the liveliest areas of Cannes after 8pm and until 3am, with its restaurants, bars and nightclubs. The perfect place for a pre-evening is the old town and especially Saint Antoine street with bars and restaurants. Find all my address tips at the end of this guide

Transports

[Taxi Cannes](#) +334 93 99 27 27

[Azur VTC](#) +336 48 28 98 15

Cannes has a big [bus network](#), so don't forget to take the palm bus night and enjoy Cannes la Bocca, Théoule, Le Cannet.... [The train](#) remains the best way to visit the region or get to Nice Saint Augustin stop airport. For buses; Nice/Cannes airport shuttle bus Cannes Express 82 departs from the SNCF station from 8am to 8pm, €22 per person. You can also explore the coast with the 81 bus, which is much cheaper, but will take at least 30 minutes longer.



Visiter la region

Les plages et balades

Cap d'Antibes

For me, this is one of the most beautiful places on our famous French Riviera: turquoise water, an exceptional view of the Maritime Alps. You can choose to take advantage of the little spots sheltered from prying eyes for a moment of idleness or choose the restaurant and sun loungers on [the beach Keller](#). Book during the season!



Antibes



The train may be the best way to get there, but you can also take the 620 bus. Head towards Nice and get off at Antibes, then if you want to explore the Cap, take the 2 bus to the Eden Roc stop.

Get lost in the old town of Antibes, where the Vauban port is superb, not forgetting the Picasso museum and the Provençal market, held every morning (except Mondays from 1 September to 31 May) in the hall on the Cours Masséna, from 7.30am to 1pm (1.45pm from June to August).

There is also a nice walk to the lighthouse and chapel of La Garoupe in Antibes: Plateau de la Garoupe, 635 route du phare.

Juan les pins

A lively town during the summer season, with shops, bars and restaurants. Evening entertainment for children and funfairs. A private beach not to be missed is [the Esterel](#), open from March to October.

To get there, take the train or bus 620 to Nice. Or ask us about the long cycle path to the sea, 11km, about 40 minutes.

Cannes la Bocca

For me, this is a suburban area with a very pleasant beach and easy access via the 22 bus from the Hôtel de Villa, stop when you like. Several small tunnels lead to the market square, a fun area with fountains and a brasserie, more cheap than Cannes centre. There's also a very busy market offering a wide range of fruit and vegetables, flowers, local fish and other products every morning in the summer (Tuesday to Sunday at other times of the year). The clothes market is open every Wednesday and Saturday morning.

Visit [Le Cabanon](#), one of the most convivial private beaches with a superb food, open 11 months of the year.



Théoule sur mer et Mandelieu

The port of La Napoule offers a magnificent view the mouth of the Siagne, Ronbinson park, the volcanic hill of San Peyre, and an exceptional panorama the golf of La Napoule, the bay of Cannes and the Lérin Islands and the Esterel Massif.

The wonderfull castle of la Napoule with the small walk in front of the sea and nice small rock beaches

You can continue to Théoule-sur-Mer, a pretty little seaside resort, and enter the into the Esterel massif or discover the Pointe de l'Aigle. Near to the port of Rague, you will have the choice between farniente on the beach below or for the more sporty, a walk in the heart of the in the the Esterel. A nice hiking , 8 km to discover the the Beach and walk 15 summit of La Cadière and its view of the the massif and the sea (ask me for the map!).

For the transport: you can use bus 22, leaving from the town hall):

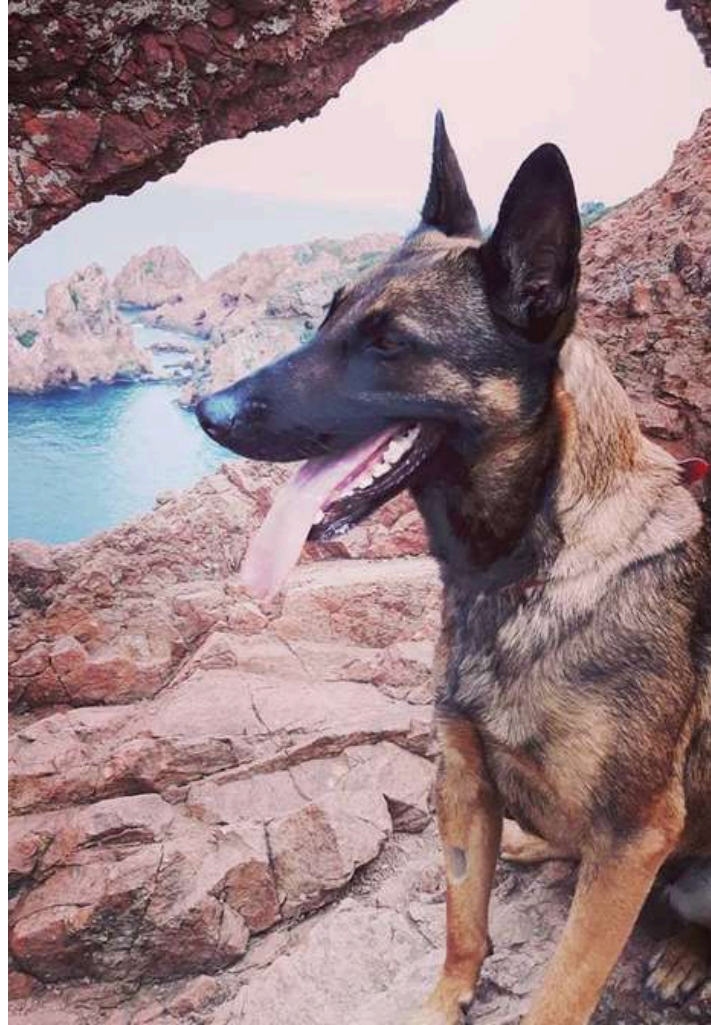
- stop at the plage de la Raguette for the Napoule castles;
- stop at the port de la Rague stop for the Esterel
- stop at the Théoule Plage stop for lazing around



Agay bay

The prettiest bays in our region, from Cannes along the coast and follow Frejus, a perfect road to discover the Esterel. Since Agay visit the Esterel by bike. To get there the car remains the simplest. Or if you wish a boat cruise to discover the corniche d'or use boat shuttles from the Quai Le Boeuf at 14:30 (be careful not all year) with [trans côte d'azur](#)

You can continue with a walk and a swim on the front of the sea, departure to the dramont Capt, on your GPS Tiki beach. Follow the sea way, direction the small port of Poussai, perfect for a small drink or a coffee. On your way you can discover the small golden island. On the return, you can pass in the forest.



Saint Jean Cap Ferrat

Very recommended for a small hiking around the cap, the Road of the career, as well as the lighthouse and its beach offers a walk of about 6km, or 2 hours. It is possible to park at the Place du Centenaire or at the beach of Cros de pin. Please note that you will need a comfortable shoes and this walk is not recommended in case of vertigo.

Also of interest:

- The tour of Cap-Ferrat
- Its superb beaches: Les fossettes, Les fosses and Paloma
- For a bucolic moment, the Villa and Gardens Ephrussi de Rothschild.





Ours towns

Nice

Nice, Colorful city with all the beaches, the Promenade des Anglais, the old center and market.

For me the best way is the train.

Do not miss:

1: Albert Garden, opens every day from 8 am to 8 pm.

2: The beautiful cathedral, Sainte Réparate, pretty chapels (mercy, Holy Shroud) and churches (St.

Martin, St. Augustine, St. Rita, St. Francis of Paola).

3: The palace Lascaris, the castle and its park.

4: The market of primeurs and flowers, the Cours Saleya, every day, except Monday from 8 am to

14pm, perfect place to discover our local products.

The famous carnival of Nice takes place between February and March.

Grasse

The perfumer's city is a nice stopover. I advise the visit.

My favorite is [Fragonard](#).

opens every day from 9 am to 19pm. You will discover the history of the perfumer but also fun workshops, to make your own essence.

Access: choose the number 600 bus from the SNCF train station and get off at the last stop.



Monaco

The famous rock Prince Albert. A rich and well-known story that gives everyone the desire to go there. I must admit that this city is not my first choice. However, the oceanographic museum is splendid from the inside and the outside, for young and old. A visit to the exotic garden is required, as well as crossing the rock to observe a changing of the guard. Lovers of beautiful cars will be served.

The way : the train is the best solution, Cannes SNCF train station (bus 6A or walk 10 min) or use the boat shuttles from the dock Le Boeuf at 10am (be careful not all year) with [trans company maritime](#)



The Villages

Cannet

The street Saint Sauveur and its many shops of artists and artisans During your walk, you discover the Saint Sauveur Chapel and its evocation of the painter Tobiasse, the Tivoli Gardens, Place Bellevue and multiple panoramas on the Bay of Cannes ...

The way, you can use bus 1, from the train station , get off at the town hall stop

Village de Mougins

Walk between artists' shops. Overlooking the Mediterranean landscapes from the sea to the Prealps, Mougins enjoys a privileged location and has long prospered thanks to olive groves, vineyards and jasmine.

The way, take the number 600 bus from the SNCF station and get off at the Val de Mougins stop and then about 15/20 minutes on foot



Vallauris

Small typical Provencal village, the city is famous for the pottery.

The way, take the number 18 bus that departs behind the SNCF station and get off at the place of liberation.



Valbonne

The river Brague cross the village, and give a special atmosphere.

A typical Provencal village, with many antique shops and decorations. For the atmosphere, drink a pastis next the bowling green.

The way, take the number 630 bus from the SNCF station and get off at the Valbonne village stop.

Saint Tropez

A must to see for the atmosphere and the charm ! As Cannes, it is a simple fishing village transformed into a resort of «people» from around the world.

Very difficult to access by car during the high season. It is better to use the shuttles from the dock Le Boeuf at 10:15am (be careful, shuttles are not working the whole year) with [trans côte d'azur](#) maritime company.

And for a wonderful hiking direction cap Taillat and my favorite beach of the famous French Riviera.

Vence

As well as Saint-Tropez, cultural and artistic atmosphere world famous. Rich in cosmopolitan history, a cathedral was built on the ruins of a temple of Mars. Later it became the meeting place for the artists of the region. Not to be missed.

To get there, the train is the best solution, Cannes SNCF station in the direction of Nice, get off at Cagnes sur Mer station, then take bus 400.



Village de Gourdon

A tiny village but the most beautiful on the rocky heights. A great restaurant not to be missed : Au vieux four, 4 rue Basse, 06620

Gourdon, 04 93 09 68 60 (contact beforehand) and an excellent ice cream parlor.

Possibility of a superb hike from Bar sur loup, the paradise trail, superb views.



Eze

The superb views of the Mediterranean, fuchsia bougainvillea, paved streets, perfume shops and art galleries.. Aa real Pagnol movie! For the more courageous you can hike from Eze beach to Eze village by the Nietzsche's way. The departure is on the RM6098 near the railway station of Eze bord de mer.free parking, possible along the roadjust after the station in the direction of Monaco. An hour of climbing, trainers required. To get there, the train is the best solution at Cannes SNCF station direction Nice, get off at Eze station, then bus 83).

Saint Jeannet

One of the least known and best preserved from tourists on the bottom of the baou, which offers superb walks and a breathtaking panorama. You'll also find a place to discover for an immersion in nature at the heart of an Ecocert-certified permaculture farm-school: lush vegetable garden, encounters with goats and hens, numerous workshops, picnics on the farm, [La Casa des Madeleines](#).



Road Trip

The high villages of Fayence

One day, departure in the at 11am to discover the Saint-Cassien Lac, one lunch at Seillans in the restaurant le Maquis, wonderful view (29 Route de Bargemon, 83440 Seillans). A short walk in the village in Tanneron, the mimosa capital, wonderful in February !

- 1. Fayence
- 2. Seillans
- 3. Mons
- 4. Caillan
- 5. Montauroux
- 6. Tanneron



The villages of Alpes Maritimes

Discover the natural park of the Pré-Alpes and return by the sea front

1	Valbonne	A wonderful of the small village with a little river, take a coffee and discover the design shop
2	Gourdon	My favourite! Then on to Coumes, and back to Tourette sur Loup, passing through and the famous Gorges du Loup (canyoning available). For those with a sweet tooth, stop off at confiserie Florian. Just behind the latter , a short stroll along the banks of the river du loup is a must.
3	Tourette sur Loup	On the Petit Futé Guide of the Préalpes d'Azur, to visit a musuem or to be lost in nature is a must do, in summer as in winter !
4	Saint Paul de Vence	Artists and romantic paved roads will get the best of you.
5	Antibes	Ville de Vauban and why not finish the day with a sunset at Cap d'Antibes.



SEARCH

MUSEUM

Your notebook of the best museums to visit!

CANNES

Villa Rothschild (city library)

Tuesday to Saturday 9am-18pm

Building and parc

Price: free

Eco musée between island

24h/24h

The underwater eco-museum: 6 submerged statues close to the shore of the island of Sainte-Marguerite, where you can dive with a mask.

Price: free

Iron Mask Prison on the island of Sainte Marguerite

Monday to Sunday 10am-12am et 1h30pm-4h45pm

Building and parc

Price: 6.50€

Bonnard museum Le Cannet

Tuesday to Sunday 10am-6pm

Dedicated solely to the work of Pierre Bonnard

Price: 5€

Museum La Malmaison, la croisette

Monday to Sunday 10am-1pm end 2pm-6pm

Contemporary Art Centre

Price: 6.50€

Le Suquet des artistes

Monday to Sunday 10am-1pm end 2pm-6pm

Artists' Résidency

Price: 4.50€

Museum of World Explorations

Wednesday to Sunday 10am-1pm end 2pm-6pm

Archeology in the Mediterranean

Price: 6€

NICE

Museum Fine Arts

Tuesday to Sunday 10am-pm

Collection from the 16th to the 20th centuries

Price: 10€

Museum Matisse

Every day except Tuesday

10am-6pm

Please note that hours vary with the seasons

Price: 6.10€

Terra Amata Museum

Every day except Tuesday

10am-6pm

Archeological Museum with possible workshops for childrens

Price: 7€

Museum of illusion

Every day 10am-6pm

Remember to book - great for kids

Price: 15€

Phoenix Parc

Every day 9-30am-6pm

Remarquable Garden

Price: 5€

Castle Hill Parc

Every day 8-30am-6pm

view, waterfall, garden, games, archaeological remains

Price: free and little train fee

Lazaret Cave

Wednesday to Sunday: 10am-5pm

Encounter over 120.000 years old

Price: free

The REGION

Perfume Museum

Every day 10am-7pm

Managed by Fragonard

Price: free

Picasso Museum, ANTIBES

Tuesday to Sunday 10am-1pm
end 2pm-6pm

The view from the terrace is
as beautiful as the museum

Price: 10€

Villa Rothschild CAP FERRAT

Wednesday to Sunday 10am-
1pm end 2pm-6pm

The garden is as beautiful as
the Villa Ephrussi de
Rothschild

Price: 16€

Oceanographic Museum of MONACO

Every day 10am-6pm

Possibility to book workshops
for children

Price: 19€

Maeght Fondation Museum SAINT-PAUL-DE-VENCE

Monday to Sunday 10am-6pm

Contemporary Art Centre

Price: 6.50€

International Perfume Museum

MOUANS SARTOUX

Monday to Sunday 10am-7pm
end 2pm-6pm

Museum end park

Price: 6€



NEED TO

ACTIVITIES

Your notebook of the best expériences to share!

Bloc Party Mougins

Every day 10am-11pm

Great atmosphere and good restaurant

Price: 14€

Le bois des lutins

Villeneuve-Loubet

Every day 10am-6pm

Open during school holidays

Wednesday end weekends

Price: 9.50€ to 17.50€

Cannes Karting

Every day 1-30pm-1am

Indoors, electric

Price: €25/10min

Cannes bowling

Every day 10-30am-01-00am

Restoration only on weekends

Price: €5 to €8

Fréjus Zoological Parc

Every day 10-30am-4-30pm

Possibility to book workshops for children

Price: €13 to €18

The Baume Obscure cave in

Saint Vallier

Every day 10am-6pm

After a visit to Grasse

Price: 7.50€

The Saint Cezeraire Cave

Every day 10am-12pm end
2pm-5pm

Includes the cave, an orienteering course, and a treetop adventure course

Price: €10 to €20

Alfa Park

Every day 10am-2pm

The Wolves

Price: 14€

The monts d'Azur Reserve

Wednesday to Sunday from
9am to 5pm

Horses, deer, bissons

Price: 25€

Terre des lacs in Saint Auban

Every day 11am-4pm from
April to October

Fishing pond

Price: per kilo of fish

The François Léotard Nature Base in Fréjus

Every day 7-30am-11pm

A protected natural area
entirely dedicated to sports
and leisure activities

Price: free

Vésubia Mountain park

Every day 10am-7pm

Climbing, swimming,
canyoning

Price: €6 to €20

La tyrolienne de la Colmiane

Every day

By réservation only

Price: 35€

Catamaran trip with Trans Côte d'Azur

Every day except Monday

By réservation only from May
to September

Price: €70 to €135

Meet at the Mourre Rouge nautical base

Every day except Sunday from
9am-12pm and 2pm-5pm

Kayak, catamaran,
paddleboard

Price: €30 to €135



NEED TO GO FOR A DRINK

Your notebook of the best bars in Cannes!

Posto Pubblico

Wednesday, Thursday, Friday,
Saturday 7pm-02am

Have a drink, eat tapas and
dance with the DJ €€

9 Rue Victor Cousin Cannes

Le Morrison

Every day 5pm-02-30am

Pub with musicien €

10 rue Teisseire Cannes

Charly's bar and club

Every day 5pm-2-30am

Lounge bar €

3&10 rue du Suquet Cannes

Belle plage Rooftop

Every day 12pm-12am

Bar Lounge €€€

2 rue Brougham Cannes

Marea

Every day 5pm-11pm

Cocktail bar with the most
beautiful view of Cannes €€€€

**2 Boulevard Jean Hibert
Cannes**

Le Duke's pub

Every day 8-30am-02-30am

Pub and Restaurant €€

59 rue Felix Faure Cannes

Le p'tit local

Every day 1-30pm-02-30am

Tapas and cocktail bar €€

9 rue Felix Faure Cannes

Vallauri Cannes

Every day except Monday

8am-22-30pm

Bar and wine cellar €

10/12 rue des halles Cannes



NEED TO RESTAURANT

Your book of the best addresses in Cannes!

Côté Jardin



Tuesday to Saturday 12pm-2pm and 7pm-9-30pm

Homemade from our Méditerranien €€

**12 avenue Saint Louis
Cannes**

La bourse



Every day Except Sunday
11am-2-30pm

A great neighborhood restaurant €

**6 avenue de Saint Louis
Cannes**

Le Pompon

Tuesday to Saturday 12pm-2pm and 7pm-9-30pm

Dishes to share with local products €€

4 rue Emile Négrin Cannes

Salsa Rosa



Every day except Tuesday 10-30 am-3-00 pm and
6-30pm-10-00pm

Italien gouteux , abordable €

**2 rue du marché Forville
Cannes**

Chez Vincent et Nicolas

Tuesday to Saturday
7pm-11pm

Fresh Produce and French cuisine (30€)

92 rue Meynadier Cannes

Aux bons enfants

Tuesday to Saturday 12pm to 2pm and 7pm to 9-30pm

Fresh produce and French cuisine (30€)

92 rue Meynadier Cannes

La casa di Nona

Every day except Sunday
11am-7 pm

Wide variety of brunch and lunch options, végén dishes €€

9 rue Felix Faure Cannes

Le libera



Every day except Sunday
12pm-3pm and 7pm-10-30pm

Good Italian, except pizzas €€

**17 rue du Commandant
André Cannes**

30



Le Shanghai Memory

Every day except Sunday
11am-3pm and 7pm-10pm

A real journey to Asia €€

9 rue Buttura Cannes



Le bobo bistro

Every day except Sunday
9am-3-30pm and
7pm-10-30pm

Modern French Cuisine,
végan dishes €€

**17 rue du Commandant
André Cannes**



Le Chaï Dee

Every day except Sunday 11-
30am-2-30pm and
6-30pm-10-30pm

Thaï Restaurant €€

**17 rue Bivouac Napoléon
Cannes**

Le duplex

Every day 8am-10pm
depending on the season and
weather

Only healthy and hearty,
végan dishes and outdoor
dining €€

3 quai Saint Pierre Cannes



Parthenopi

Every day except Sunday
12pm-3pm and 7pm-10-30pm

Greek Restaurant

4 Rue Emile Négrin Cannes



Astoux et brun

Every day 11am-11pm

Seafood €€€

27 rue Félix Faure Cannes



Pizzas Cresci

Every day 12pm-12-30am

I like pizzas and apple pie €€

3 quai Saint Pierre Cannes



Al Charq

Every day 10am-12am

Lebanese Caterer €

**4 Rue Jean de Riouffe
Cannes**



La Salsamentaria di Parma

Every day 12pm-11pm

Italian €€

86 Rue Meynadier Cannes

L'atelier artisan crêpes

Every day 9-30am-10pm

crêpes €

29 Rue Félix Faure Cannes

Order and Home Delivery

Mézon

Monday to Saturday 11-30am-

2 pm and 6 pm-9-30pm

Except Friday noon

Miscellaneous

+ 33 4 89 68 82 95

Le Gepetto

Tuesday to Friday 12pm-2pm
and 7 pm-10-30pm - Sunday
and Saturday 7pm-10-30pm0

Pizza

+33 7 72 37 67 53

Fu Ji shi

Every day 10am-2-30pm and
5pm-9pm except Sunday

Asian

+33 4 93 68 85 07

Mister pizza

Every day 11am-2-30pm and
6pm-11pm except Sunday
lunchtime

Pizza

+33 4 93 99 99 60



NEED SHOPPING

Your notebook of the best addresses in Cannes!

Fragonard

Every day 10am-7pm Except
Sunday

Perfume, Jewelry, décoration,
linens

103 rue d'Antibes Cannes

Chocolaterie Christian Camprini

Every day 10am-7pm except
Sunday

The best chocolates i know

3 rue de la Fontaine Cannes

Collection T.

Every day 10am-1pm and 2pm-
7pm except Sunday

The teas we serve at Villa and
all accessories

32 rue Hoche Cannes

Ceneri fromagerie

Monday to Saturday 11-30am-
2 pm and 6pm-9-30pm
except Monday and Sunday
afternoon

Cheeses

22 rue Meynadier Cannes

Charlot

Every day 10am-7-30pm
except Sunday

Vintage clothing

10 rue Chabaud Cannes

No Time

Wednesday to Friday
11am-5-30pm

Vintage Flea Market

**7 avenue jean de Lattre de
Tassigny Cannes**

Autour d'un livre et d'un dragon

Every day 10am-12-30pm and
2pm-6-30pm except Sunday
and Monday Morning

Bookstore

**17 rue Jean Jaures et 6 pace Gambetta
Cannes**

Office du tourisme

Every day 9am-7pm
pour souvenirs caps, T-shirts,
festival posters

1 Bvd croisette Cannes



We look forward to seeing you at La Villa

Your visiting guide from la Villa du Roc Fleuri
Write by Fanny, your guest
Edition 2025